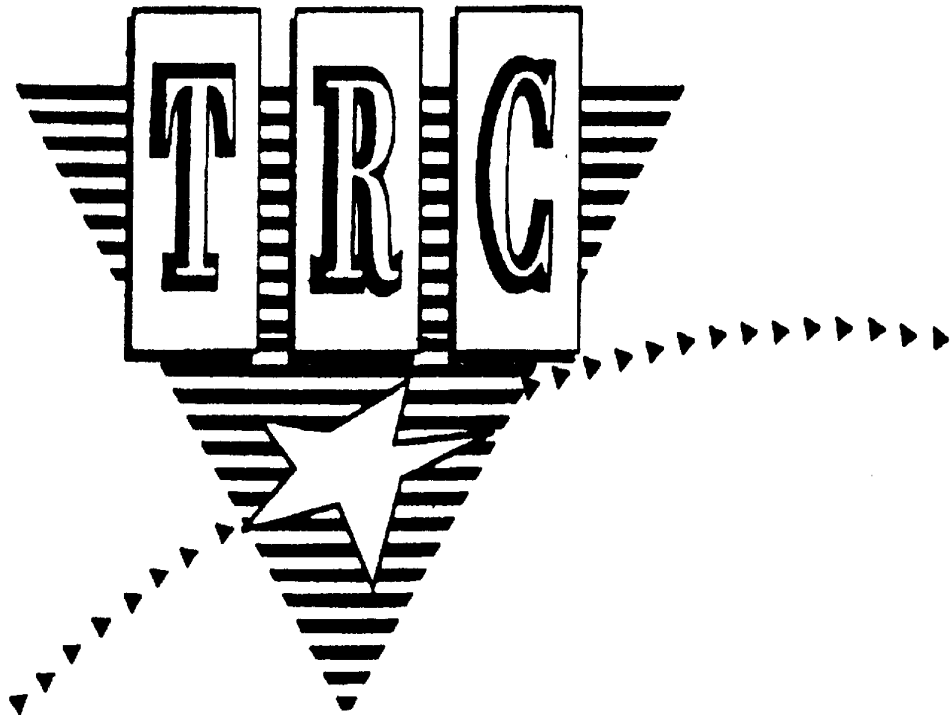


**MONTGOMERY THERAPEUTIC  
RECREATION CENTER  
SPRING AFTER-SCHOOL BROCHURE  
January 5, 2022 - May 18, 2022**

**TURNING DISABILITIES INTO WINDOWS OF OPPORTUNITIES!**



**“THE BENEFITS ARE ENDLESS”**

## GENERAL INFORMATION

**Hours of Operation:** The TRC is open the following times:

Monday, Tuesday, Thursday	8:00am to 7:00pm
Wednesday, Friday	8:00am to 5:00pm
Saturday	9:00am to 12:00pm

**City Holidays:** The TRC will be closed the following holidays:

January 1, 2022 New Year's Day	January 17, 2022 MLK Holiday
February 21, 2022 President's Day	May 30, 2022 Memorial Day

## REGISTRATION NOTES

1. Spring registration is Saturday, December 4, 2021 from 9:00am - 12:00pm and Monday, December 6, 2021 through Friday, December 10, 2021 from 8:15am until 5:00pm.
2. Be sure to note the days that each program will not meet during the semester.
3. All participants must register and pay programs fees (when applicable) each semester prior to participation. **Fees are nonrefundable!**
4. Some programs are limited in size and are filled on a first come, first serve basis.
5. Orientation for all Wellness members, and assessments for after-school participants are required. Please call for an appointment.
6. Participants should bring more than one check to register to be receipted in different accounts for some programs. All checks for After-School programs should be payable to MTRC. All checks for Wellness members should be made payable to the City of Montgomery.
7. Mailed registrations will not be accepted. Wellness members must register at TRC. After-school participants can register on-line or at TRC.

**Personal Belongings:** The TRC is not responsible for any personal valuables brought to or left at the center. Please do not bring jewelry, cash, cellular phones, and other items of value to the center.



**New Program Symbol:** When you see this symbol in the brochure, it represents a new program being offered in the center. Please take the time to read all of our new program offerings.

## ADULT DAY PROGRAM

MTRC offers a day program for the individuals who are 21 years of age and older. Participants will engage in various activities such as arts and crafts, music, swimming, computer activities and much more. Individuals will go on community based outings. This program is fee based. For fees and more information, contact Wendy Dobbs.

Days:.....Mon. - Fri.  
Time:.....8:00am - 3:00pm  
Ages:.....21 years and older  
Contact:.....Wendy Dobbs

## PEDIATRIC PROGRAM

Come be apart of this fun program! We have many new innovative products to engage and inspire your children! Each week children will experience a wide variety of activities to improve fine and gross motor skills, sensory difference, trunk balance and much more. During the first hour, children are engaged in a wide range of activities and during the second hour, children are engaged in the indoor heated pool.

Day:.....Fri.  
Time:.....10:30am - 12:00pm  
Limit:.....4  
Ages:.....2 - 5 years of age  
Contact:.....Wendy Dobbs

Check out our Pediatric Program,  
it's one of a kind.

**IF YOU ARE INTERESTED IN EITHER OF  
THESE PROGRAMS, CONTACT  
WENDY DOBBS AT 334-240-4595.**

## PARENT INFORMATION

PLEASE PUT YOUR CHILD'S NAME IN/ON  
ALL ITEMS BROUGHT TO TRC TO ASSIST  
STAFF WITH LOST ITEMS, (EX. COATS,  
TOWELS, BOOKBAGS, HATS, ETC.)

### **Personal Belongings:**

**TRC is not responsible for any personal valuables brought to the Center. Please do not allow your participant to bring jewelry, cash, cell phones or any other items of value to the center.**

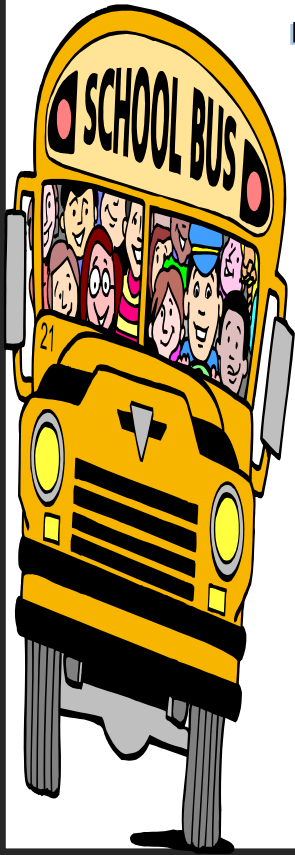
### **LATE FEES**

**Effective October 3, 2005 a late fee will be charged daily when a participant is picked up late.**

**The grace period has been extended by 5 min. You now have 20 minutes.**

**For every minute that you are late after 5:20pm, \$1.00 will be charged. Late fees must be paid before participants next scheduled pick-up date.**

# **PARENT INFORMATION**



## **TRANSPORTATION REMINDER**

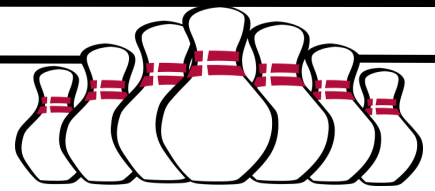
**IN ORDER TO REGISTER YOUR CHILD FOR TRANSPORTATION FROM SCHOOL TO TRC, YOU MUST FILL OUT THE TRANSPORTATION REQUEST FORM OR TRANSPORTATION WILL NOT BE PROVIDED.**

**IT IS VITAL THAT WE KNOW IF YOUR CHILD WILL NOT BE IN SCHOOL. BE SURE TO CALL MTRC EACH DAY YOUR CHILD WILL BE ABSENT FROM AN AFTER-SCHOOL PROGRAM TO HELP US FACILITATE OUR TRANSPORTATION PROGRAM.**

**FAILURE TO NOTIFY THE MTRC THREE TIMES IN A SEMESTER, MAY RESULT IN THE SUSPENSION OF YOUR CHILD BEING TRANSPORTED BY MTRC.**

**IN ORDER TO ASSURE TRANSPORTATION FOR YOUR CHILD FROM SCHOOL, ALL REGISTRATION FORMS AND FEES MUST BE TURNED IN AND PAID BY DEC. 10, 2021. IT IS THE PARENT'S RESPONSIBILITY TO COMMUNICATE WITH YOUR CHILD'S SCHOOL FOR TRANSPORTATION AND THE DAYS TRC WILL PICK UP.**

**PLEASE REGISTER YOUR CHILD FOR THE APPROPRIATE PROGRAMS. PROGRAMS ARE LISTED AS LEVEL I, II, III. IF THERE IS NOT A LEVEL INDICATED IN THE DESCRIPTION, THEN THAT PROGRAM IS AVAILABLE FOR ALL LEVELS. IF YOU REGISTER YOUR CHILD IN A CLASS THAT IS NOT APPROPRIATE FOR THEIR LEVEL THEY WILL BE TAKEN OUT OF THE CLASS. BECAUSE OF LIMITED CLASS SIZES, WE MAY NOT BE ABLE TO PUT YOUR CHILD IN ANOTHER PROGRAM. IF YOU ARE UNSURE OF YOUR CHILD'S LEVEL, CONTACT KATIE JOHNSON AT 334-240-4595 BEFORE REGISTRATION.**



## Strikers

Striker's bowling team will work on developing skills for competition at all local and state Olympic Tournaments. The team practices at Bama Lanes.

**Pick up for all Strikers will be at Bama Lanes.**

**Program will not meet Mar 25, & Apr 15.**

Day:.....Fri.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....15  
Cost:.....\$76.50  
Contact:.....Jwan Boddie

## MTRC Bocce Team

Let's have a ball! BOCCE is an Italian lawn game that's fun for everyone. We're a team that participates in tournaments and Special Olympics. We will be playing in regulation games. Participants will be expected to participate both Spring and Fall Semesters in order to train for State Games.

**Program will not meet Mar 25, & Apr 15.**

Day:.....Fri.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....8 years and up  
Limit:.....8  
Contact:.....Ebonique Gay

## Bullseye Archery

Archery is the art of using a bow to shoot an arrow. This class will be designed to improve physical abilities and strengthen, while also promoting attentive skill and cognitive development. Our goal is to compete at the Special Olympics and tournaments throughout the state.

**Program will not meet Mar 22.**

Day:.....Tuesday  
Time:.....2:00 - 3:30pm  
Level:.....III  
Age:.....13 years and up  
Limit:.....8  
Contact:.....Gabriel Lewis

## MTRC Tiger Basketball



It's time to gear up for some basketball! We are preparing for our upcoming season. We will focus on defense, shooting, ball handling and sportsmanship. Come join us!!!

**Program will not meet Jan 17, Feb 21, Mar 21, Mar 25, & Apr 15.**

Day:.....Mon. & Fri.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....13 and up  
Limit:.....20  
Contact:.....Stephanie Aikin

## Blue Marlin Swim Team

Participants must be able to swim the length of the pool using both freestyle and the backstroke. All athletes must have the desire to work and train hard.

**Program will not meet Mar 22 & Mar 24.**

Days:.....Tues. & Thurs.  
.....Times.....  
Adult Swimmers.....2:00 - 3:30pm  
After-school.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....9 years and older  
Limit:.....20  
Contact:.....Ralph Evans

## TRC Easy Riders

TRC Easy Riders are getting ready for Spring semester. The riders will continue to work on skills needed to compete in scheduled horseshows and the Alabama Special Olympic State Games.

**Program will not meet Mar 22 & Mar 24.**

Days:.....Tues. & Thurs.  
Time:.....2:00 - 3:30pm  
.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....5 for each time slot  
Cost:.....\$150.00  
.....or monthly installments of \$30.00  
Contact:.....Ralph Chrishon

## MTRC Tiger Golf

MTRC is proud to continue this new and exciting golf program in conjunction with LEO Golf Academy. Golf enthusiast Quincy Leonard will be teaching basic fundamentals of golf and preparing us for Special Olympics. Golf lessons will be held at a NEW LOCATION, which will be the Cottonwood Golf Club!!! In the event of inclement weather, lessons will be held at MTRC.

**Program will not meet Mar 23.**

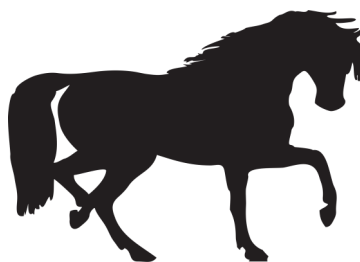
Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....III  
Age:.....13 and up  
Limit:.....6  
Cost:.....\$205.00  
.....monthly of \$41.00 per month  
Contact:.....Gabriel Lewis

## Track & Field

This Spring TRC Track & Field Team will be preparing for Alabama Special Olympics State Games, with their new coach. All athletes will learn how to participate in different competitive events and travel to Troy University to compete,

**Program will not meet Mar 22.**

Day:.....Thursday  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....13 years and up  
Limit:.....15  
Contact:.....Jasmine Gibson



**Parents please remember all Strikers must be picked up at Bama Lanes.**

# TRC AFTER-SCHOOL PROGRAMS

## TRC LEVEL PROGRAM

Before the Spring Semester begins all TRC participants that have not been assessed will need to schedule an appointment before registering. Participants that were assessed before Spring Semester 2020 will need to be re-assessed. Reassessments must be done every two years for current participants to identify improved functional abilities and new leisure interest. During the assessment, a level of functional ability will be determined for each participant. Participants are only allowed to register for programs that are offered for their functional ability. Please note that many programs have a limit for participation which is on a first come, first serve basis. However this does not apply to team sports or clubs whereby a participant has been in for years. If your child is interested in a team sport or club, please call the contact person for that program. If parents have questions about our process please, call Wendy Dobbs.

### MONDAY

#### TRC Round Up

Join us and learn basic skills you need for horseback riding. This class will help you with balance, muscle tone, posture, coordination, and motor skills. This program also allows participants to move up and compete with the TRC Easy Riders, based on a evaluation by the instructor.

*Program will not meet Jan 17, Feb. 21, Mar 21.*

Day:.....Mon.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....6  
Cost:.....\$30.00  
Contact:.....Ralph Chrishon

#### After-School Splash

This after-school program consists of a small group that is given time for water play and exploration. There will be some fundamentals of water skills introduced and structured activities in the water. Parents are encouraged to join their children for this program. **Proper swim attire is required for this class every week. If swimmers fail to bring swim attire for 3 classes he/she will be removed from program.**

*Program will not meet Jan 17, Feb 21, Mar 21.*

Day:.....Mon.  
Time:.....4:00 - 5:00pm  
Level:.....I  
Limit:.....8  
Contact:.....Jeffery Barlow

#### Movement Matters

This class will focus on movement activities that are calming, energizing or strengthening by making fitness and relaxation into games. Each participant will use their muscles to participate in beneficial exercises while engaging in fun and playful activities designed to help improve their core strength and overall functioning. Activities may include obstacle courses, group activities and more. Participants will get a workout without even realizing it.

*Program will not meet Jan 17, Feb 21, Mar 21.*

Day:.....Mon.  
Time:.....4:00 - 5:00pm  
Level:.....I, II, III  
Limit:.....15  
Cost:.....\$10.00  
Contact:.....Jasmine Gibson



#### My Fair Craft

Join the Creative Arts department as we explore arts & crafts. This semester we will work on crafts that will build confidence in our ability to create with our own hands. Items created will be displayed and potentially made available to sell in our lobby during a semester end Holiday Fair.

*Program will not meet Jan 17, Feb 21, Mar 21.*

Day:.....Mon.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....10 years and up  
Limit:.....12  
Cost:.....\$20.00  
Contact:.....William Lawson

#### Wii U & Arcade

Are you a Wii fanatic or do you want to learn how to operate the Wii? Either way TRC wants you to take advantage of this fun leisure program every Monday.

We will be playing the Wii on the big screen. The group will learn to play games with Wii individually and in groups.

*Program will not meet Jan 17, Feb 21, Mar 21.*

Day:.....Mon.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....6  
Cost:.....\$20.00  
Contact:.....Brad Ellis



## TUESDAY

### Green Thumb Garden Club

Have a green thumb? Do you mind getting your hands dirty? Come learn how to grow herbs, flowers, and house plants. See what it takes to care for a garden. We will be partnering with EAT South again to learn more about how to grow a garden.

Fee covers the trip to EAT South monthly.

*Program will not meet Mar 22.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....12 years and older  
Limit:.....15  
Cost:.....\$35.00  
Contact:.....William Lawson

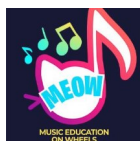
### Internet Fun and Games

This class is for anyone that enjoys learning and applying it to surfing the internet. We will search topics like music, health, games, science, current events, and many more topics of interest. Participants must have good computer skills and the ability to read.

This is a high functioning class that requires good comprehensive skills.

*Program will not meet Mar 22.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....III  
Limit:.....4  
Contact:.....Joye Bigelow



### Music Meow Academy

Come join MEOW (Music Education on Wheels).

MEOW Academy will be providing a fun and educational performance based class centered around music education. Led by musician Terrence Baldwin, participants will learn music theory and performance techniques in voice, piano, guitar and drums.

*Program will not meet Mar 22.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....8  
Cost:.....\$250.00 or \$50 monthly  
Contact:.....Wendy Dobbs

### Gentlemen's Club

Attention! We are looking for eager males who are willing to become the finest gentlemen that they can be. The main focus of this program will be developing the qualities and characteristics that truly define what it is to be considered a distinguished gentleman.

*Program will not meet Mar 22.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....III  
Limit:.....15  
Cost:.....\$25.00  
Contact:.....Edward Woods

### Puzzles & More

Enjoy and learn a variety of board games that participants can share at home with family and friends. This class will alternate weeks for playing games, cards, and solving puzzles.

*Program will not meet Mar 22.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....I, II, III  
Limit:.....12  
Cost:.....\$10.00  
Contact:.....Brad Ellis

## MTRC JR'S

Come learn and be introduced to a wide range of adapted sports. This program will provide opportunities for certain skill levels with a goal to participate in future Special Olympic related tournaments. Come reap the benefits of sports and recreation while maximizing your potential.

*Program will not meet Mar 22.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....I, II  
Limit:.....15  
Contact:.....Jwan Boddie

## WEDNESDAY

### Giddy Up

We are going to giddy up and enjoy the therapeutic movement of a horse. No riding skills will be taught in this class. We will have a great time playing games while feeling the movement of the horse. We will also pet, groom and give the horses treats.

*Program will not meet Mar 23.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....I  
Limit:.....8  
Cost:.....\$40.00  
Contact:.....Ralph Chrishon

### Let's Go Swimming

This is a learn to swim program. Participants will learn to tread water, enter and exit the pool without assistance, fundamentals of swimming, freestyle, and elementary backstroke.

*It is mandatory that proper swim attire is required for this class every week.*

*Participants must have been exposed to water activities prior to being registered for this program.*

*Program will not meet Mar 23.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....12  
Contact:.....Jeffery Barlow

**BE SURE TO REGISTER FOR ONE OF OUR ADAPTIVE SPORTS PROGRAMS.**



## What's Cookin TRC

This program is designed to create simple salads and desserts, step by step. This will enable our participants to become more independent in the kitchen. By the end of the semester, the participants will have prepared meals that will be fundamental recipes in their repertoire.

*Program will not meet Mar 23.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....12 years and older  
Limit:.....15  
Cost:.....\$50.00  
Contact:.....Jasmine Gibson

## Mural Project

Call for Artists! Our walls are too bare! Join the arts department as we plan, develop, and create a mural to brighten our halls. Every Wednesday we will work on creating an art piece that reflects our community and mission. Fee covers any materials we need to create and celebrate our project.

*Program will not meet Mar 23*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....III  
Age:.....12 years and older  
Limit:.....10  
Cost:.....\$20.00  
Contact:.....William Lawson

## Let's Talk About It

This program is for teens and young adults who are having trouble expressing their thoughts and feelings. This program is a program to encourage self-confidence, self-control, and to offer a forum and opportunity for participants to discuss things such as peer pressure, fitting in, self image, or just being different or whatever is on their minds.

*This is a class where there is a great deal of group discussion so participants must have verbal skills to participate in the discussion of several topics.*

*Program will not meet Mar 23.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....III  
Limit:.....10  
Age:.....Must be 16 and older  
Contact:.....Joye Bigelow

## MTRC Bookworms

This program is designed for those who enjoy reading and listening to stories. Each week participants will travel to the Rufus Lewis Library. The program instructor and participants will read different books and discuss the theme behind the story.

*Program will not meet Mar 23.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....I, II, III  
Limit:.....10  
Cost:.....\$5.00  
Contact:.....Brad Ellis

## THURSDAY

## MTRC Dance

This class is a favorite for many participants. We will dance to music from the 60's to the present. We will cover all genres of music from R&B to country. Don't miss out on the opportunity to shake a leg, dance til you drop, or just have lots of fun swaying to the music.

*Program will not meet Mar. 24.*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....20  
Contact:.....Joye Bigelow

## Disney+ Movie Theater

Do you enjoy action packed movies, while munching on popcorn and drinking sodas? If that sounds interesting to you, then come join this fun group and watch a great movie every week.

*Program will not meet Mar 24.*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....I, II, III  
Limit:.....15  
Cost:.....\$10.00  
Contact:.....Brad Ellis

## Crafty Cooking

This will be a fun and crafty cooking class where participants will be creating food craft projects and enjoy eating them too!

*Program will not meet Mar 24.*

Day:.....Thurs  
Time:.....4:00 - 5:00pm

Level:.....I, II  
Limit:.....10  
Cost:.....\$45.00  
Contact:.....Kristen Sellers



## Evolve Music Therapy

This class will use interventions to accomplish goals by a board certified music therapist, Jocelyn Stovall. Goals of the class will include but not limited to lessening agitation/stress reduction, increase communication skills, social interactions, plus self expression.

*Program will not meet Mar 24.*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....I, II  
Limit:.....10  
Cost:.....\$275.00 or \$55 monthly  
Contact:.....Katie Johnson



## Kick Boxing/Boxing

This class is designed for participants that have as interest in martial arts. This class will help improve their focus, discipline and body as they learn how to throw a punch and kick.

*Program will not meet Mar. 24.*

Day:.....Thurs.  
Time:.....4:00-5:00pm  
Level:.....III  
Limit:.....10  
Cost:.....\$20.00  
Contact:.....Jwan Boddie

## Gallery Arts

The TRC and the Montgomery Museum of Art are continuing our partnership. We will be visiting the museum once every three weeks and will be creating projects based on current exhibits. We'll explore various materials and skills as we continue to hone our artistic voice. The fee covers materials and a semester end gallery celebration.

*Program will not meet Mar 24.*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....III  
Limit:.....8  
Cost:.....\$40.00  
Contact:.....William Lawson



## FRIDAY

### Montgomery Matters

Montgomery Matters is TRC's own club that volunteers, collects donations for organizations, make crafts and gives back to our community.

*Program will not meet Mar 25, Apr 15.*

Day:.....Fri.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....10  
Cost:.....\$20.00  
Contact:.....Kristen Sellers

### Fun in The City

Every week we will travel to different parks throughout Montgomery so we all can get some fresh air and have fun in the sun. For cold and rainy days we will venture to libraries or do fun group activities in house.

*Program will not meet Mar 25, Apr 15.*

Day:.....Fri.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....10  
Contact:.....Brad Ellis

### Sensory Art

Sensory Art is focused on creating works of art that explore and use our senses of sight, touch, and smell. We will be exploring different materials that will engage these senses as well as work on motor skills, and our hand eye coordination.

*Program will not meet Mar 25, Apr 15..*

Day:.....Fri.  
Time:.....4:00 - 5:00pm  
Level:.....I, II  
Limit:.....10  
Cost:.....\$20.00  
Contact:.....William Lawson

**DON'T MISS OUT ON  
THE FUN! DON'T  
FORGET TO CHECK  
OUT ALL OF OUR  
SPECIAL EVENTS FOR  
THE SPRING  
SEMESTER.**

## SPECIAL EVENTS

### ASU vs AA&MU Basketball Game

It's hornets vs. the bulldogs! We will travel to Dunn- Oliver Acadome to watch some hoop action and these two team battle it out on the court.

Date:.....Sat. January 15, 2022  
Time:.....TBA  
Level:.....I, II, III  
Limit:.....16  
Cost:.....TBA  
Contact:.....Wendy Dobbs

### Valentine's Dance

Love is in the air and we want to dance the night away. Come dressed to dance for an evening of dancing, merriment, and light snacks.

*After-school programs are cancelled for this event.*

Date:.....Thurs., February 10, 2022  
Time:.....6:00 - 8:00pm  
Level:.....I, II, III  
Limit:.....TBD  
Cost:.....\$5.00 at the door  
Contact:.....William Lawson

### Lunch and Bowl

Do you enjoy bowling and spending time with friends? Well this is the perfect event for you! Bring your bowling ball and let's spend the day at the bowling alley. We will also be eating lunch at the bowling alley. So don't miss out.

Date:.....Mon., March 21, 2022  
Time:.....10:00am - 2:00pm  
Level:.....I, II, III  
Limit:.....15  
Cost:.....\$15.00  
Contact:.....Brad Ellis

### Lunch and a Movie

Join us as we go to one of the local movie theaters to enjoy a spring break outing.

We will watch the newest and latest movie out and then have lunch.

Date:.....Wed., March 23, 2022  
Time:.....9:30am - 3:00pm  
Level:.....I, II, III  
Limit:.....15  
Cost:.....\$35.00  
Contact:.....Brad Ellis

### Savannah Banana Baseball World Tour

Get your baseball caps ready!! The Savannah Bananas will be coming to town. This is not your usual baseball game! Their mission is "Fans First. Entertain Always." Join us as we enjoy this fun experience over at the Riverwalk Stadium in downtown Montgomery. The cost includes ticket sales and expenses for food at the concession stands.

Date:.....Fri., March 25, 2022  
Time:.....6:00-9:30pm  
Level:.....I, II, III  
Limit:.....15  
Cost:.....\$55.00  
Contact:.....Katie Johnson

**PLEASE MAKE SURE ALL  
PARTICIPANTS ARE  
DRESSED APPROPRIATELY  
FOR ALL SPECIAL EVENTS.**

**Please be mindful of all special events pick-up  
and drop off times.**

# SPECIAL EVENTS

## CSI Montgomery

Come join this outdoor CSI experience and see if you can solve a murder case. This event is brought to Montgomery by Cluedupp Games. Forensic techniques, codebreaking, and good old-fashion detective work will be done to crack the case. Participants will be split into two teams. We will dress up as a team for this event! Stay tuned...this will be a fun way to spend an afternoon with friends and make memories. A meal is included.

Date:.....Sat., March 26, 2022  
Time:.....TBA  
Level:.....III  
Limit:.....10  
Cost:.....\$22.00  
Contact:.....Wendy Dobbs

## Glow in the Dark Easter Egg Hunt

This will be an instant hit! Participants will receive a black light flashlight to help illuminate the glowing hidden eggs & there will be a contest to see who can collect the most eggs. While the eggs are being hidden, we will enjoy an Easter art activity and afterwards finish up with a treat. We are putting a fun twist on your traditional Easter Egg Hunt and it will take place indoors. This will be a blast and don't forget your baskets!

Date:.....Sat., April 9, 2022  
Time:.....1:30 - 4:30pm  
Cost:.....\$10.00  
Level:.....I, II, III  
Contact:.....Jasmine Gibson



## Spring Formal

This is the event of the semester! TRC welcomes you to an evening of enrichment. Get all dressed up in your best attire and get out your dancing shoes as we have our spring formal. Light refreshments will be served. Participants will be entered into as raffle to be crowned King and Queen.  
Date:.....Friday, April 15, 2022  
Time:.....6:00 - 8:00pm  
Cost:.....\$5.00 per person at the door  
Contact:.....William Lawson

## The SpongeBob Musical

This musical is offered by UAB Department of Theatre and adapted from the iconic Nickelodeon series. You will get to see all of the characters such as Spongebob, Patrick, Sandy, and Squidward! This is sure to be a fun event! We will eat lunch first and then watch the show!

Date:.....Sun., April 17, 2022  
Time:.....11:00 - 6:00pm  
Level:.....I, II, III  
Limit:.....16  
Cost:.....\$32.00  
Contact:.....Kristen Sellers

## TRC Awards Banquet

This is a very special evening, where we recognize all the after-school participants. TRC will provide the main dishes; we ask that each family bring a dessert for this event. After-school programs are cancelled for this event. This event will be held at TRC.

Date:.....Thurs., May 19, 2022  
Time:.....6:00 - 8:00pm  
Cost:.....FREE  
Contact:.....Wendy Dobbs

**Night to Shine Prom  
by Tim Tebow Foundation  
Hosted by Thornington Road  
Baptist Church  
February 11, 2022,  
7:00pm-10:00pm**

**Night to Shine is an  
unforgettable prom night  
experience, centered on God's  
love, for people with special  
needs ages 14 and older. On  
that night churches from  
around the world will host  
Night to Shine for thousands  
of honored guests. Contact  
nighttoshine@trbaptist.org  
or you may call  
(334) 396-9376 for  
information.**

**If you have questions about any  
of our special events, locate the  
contact name given at the bottom  
of each special event and call  
them at 334-240-4595.**

**THIS WAY TO ONLINE REGISTRATION INFORMATION**

# ONLINE REGISTRATION

1. Decide on programs: fill out registration form.
2. Enter [www.montgomeryal.gov](http://www.montgomeryal.gov)
3. Next, place the cursor on “How Do I” at the top of screen.
4. A drop down menu will appear underneath the heading “register”, click on Therapeutic Recreation Center.
5. The link to register will be on Therapeutic Recreation Center’s page.
6. Remember if you access the site before 9:00am you will need to hit the refresh button before continuing to register.
7. Payment must be received by 5:00pm on Friday, December 10, 2021 or your registration will be cancelled.

## FREQUENTLY ASKED QUESTIONS

### Who can register?

Online registration is for fall semester programs and participants wanting to register for the spring semester. These participants should be able to register from any computer with internet access.

### How do we know who registered?

The server will have a clock that measures to the second. Therefore, the online registration company will know who finished registering before 9:00am.

### Will anyone be able to register before 9:00am?

NO! The company will not let you register before 9:00am.

### What if I don’t have a computer?

The MTRC will be open Sat., December 4, 2021, so you may use one of the computers at the center. There will be staff available to assist you with your registration. Fees are due upon registration and you must have a registration form filled out properly.

### When are fees due?

All fees are due in full by Friday, December 10, 2021, or your registration will be cancelled.

**There will be a \$6.00 registration fee for all fall programs.**

# SPRING 2022 REGISTRATION FORM

Date \_\_\_\_\_

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Level: I II III

Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

D.O.B. \_\_\_\_\_

E-mail Address \_\_\_\_\_ @ \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency number: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Disability: \_\_\_\_\_ Food Allergies: \_\_\_\_\_

Directions: Please indicate the activities you/your child would like to attend this semester.

## **MONDAY**

\_\_\_\_ After-school Splash I  
\_\_\_\_ TRC Round-UP II, III  
\_\_\_\_ My Fair Crafts II, III  
\_\_\_\_ Movement Matters I, II, III  
\_\_\_\_ Wii U & Arcade II, III

## **TUESDAY**

\_\_\_\_ Gentlemen's Club III  
\_\_\_\_ Green Thumb Garden Club II, III  
\_\_\_\_ Blue Marlin Swim Team II, III  
\_\_\_\_ Internet Fun and Games III  
\_\_\_\_ Music Meow Academy II, III  
\_\_\_\_ Puzzles & More I, II, III  
\_\_\_\_ MTRC Jr's I, II

## **WEDNESDAY**

\_\_\_\_ What's Cookin TRC II, III  
\_\_\_\_ Giddy Up I  
\_\_\_\_ Mural Project III  
\_\_\_\_ Let's Talk About It III  
\_\_\_\_ Let's Go Swimming II, III  
\_\_\_\_ Bookworms I, II, III

## **THURSDAY**

\_\_\_\_ Gallery Arts III  
\_\_\_\_ MTRC Dance II, III  
\_\_\_\_ Blue Marlin Swim Team II, III  
\_\_\_\_ Evolve Music Therapy I, II  
\_\_\_\_ Crafty Cooking I, II  
\_\_\_\_ Disney + Movie Theater I, II, III  
\_\_\_\_ Kick Boxing/Boxing III

## **FRIDAY**

\_\_\_\_ Fun In The City II, III  
\_\_\_\_ Sensory Arts I, II  
\_\_\_\_ Montgomery Matters II, III

## **ADAPTIVE SPORTS**

\_\_\_\_ Golf III  
\_\_\_\_ Bocce Team II, III  
\_\_\_\_ TRC Easy Riders II, III  
\_\_\_\_ TRC Tigers Basketball II, III  
\_\_\_\_ Strikers II, III  
\_\_\_\_ Bullseye Archery III  
\_\_\_\_ Track & Field II, III  
\_\_\_\_ Blue Marlin Swim Team (Adults)  
\_\_\_\_ II, III

## **DAY PROGRAMS**

\_\_\_\_ Day Program  
\_\_\_\_ Pediatric Program

## **SPECIAL EVENTS**

\_\_\_\_ ASU vs AA&MU Basketball Game I, II, III  
\_\_\_\_ Valentine's Dance I, II, III  
\_\_\_\_ Lunch and Bowl I, II, III  
\_\_\_\_ Lunch and a Movie I, II, III  
\_\_\_\_ Glow in the Dark Easter Egg Hunt I, II, III

\_\_\_\_ Savannah Banana Baseball I, II, III  
\_\_\_\_ CSI Montgomery III  
\_\_\_\_ Spring Formal I, II, III  
\_\_\_\_ The SpongeBob Musical I, II, III  
\_\_\_\_ TRC Awards Banquet I, II, III

## **WELLNESS**

____ Open Lab	____ AEP	____ Stretch-n-Movement	____ Simple Sewing
____ Energize Me	____ Have it Your Way	____ Weight Training	____ TRC's Artist Salon
____ On the Move	____ TRC Spec's	____ Individual Fitness Room	____ Open Studio
____ Early Bird Series	____ Family Splash	____ Travelers Club	____ Jewelry Making
____ Aqua Zumba	____ Cardio/HIIT Interval	____ Crock-Pot Society	____ Acrylic Painting
			____ Happy Hour Meet & Greet

Method of payment: \_\_\_\_ Cash \_\_\_\_ Check # \_\_\_\_\_ Locker Fee \_\_\_\_\_ \$10.00 Locker # \_\_\_\_\_

Wellness Fee: \_\_\_\_\_ Late Fee: \_\_\_\_\_ \$5.00 Other Fee/s \_\_\_\_\_

Total Amount Due: \$ \_\_\_\_\_ Amount Received: \$ \_\_\_\_\_ Date Received: \_\_\_\_\_

Received By: \_\_\_\_\_ Receipt # \_\_\_\_\_ Receipt Given: \_\_\_\_ Yes \_\_\_\_ No

## DATES TO REMEMBER

Sat., December 4, 2021.....Spring Registration Begins

Fri., December 10, 2021.....Spring Registration Ends

Wed., January 5, 2022.....Spring After-school programs Begin

Sat., January 15, 2022.....ASU vs AA&MU Basketball Game

Mon., January 17, 2022.....Martin Luther King Day TRC Closed

Thurs., February 10, 2022.....Valentine's Dance After-school programs cancelled

Mon., February 21, 2022.....President's Day TRC Closed

Mon., March 21 - Fri., March 25, 2022.....Spring Break

Mon., March 21, 2022.....Lunch & Bowl

Wed., March 23, 2022.....Lunch & Movie

Fri., March 25, 2022.....Savannah Banana Baseball

Sat., March 26, 2022.....CSI Montgomery

Sat., April 9, 2022.....Glow in the Dark Easter Egg Hunt

Fri., April 15, 2022.....Spring Formal

Sun., April 17, 2022.....The SpongeBob Musical

Wed., May 18, 2022.....Last Day of After-school programs

Thurs., May 19, 2022.....TRC Awards Banquet

Mon., May 30, 2022.....Memorial Day

Sat., May 31, 2022.....Fall Semester Ends

## Tentative Dates and TBAs

TBA.....Hoop It Up!

May 20-22, 2022.....State Games

**Montgomery Therapeutic Recreation Center**  
**604 Augusta Avenue**  
**Montgomery, Alabama 36111**  
**334.240.4595**

**City Officials**

Steven Reed, Mayor

**Leisure Services**

Kay McCreery, Director of Leisure Services  
Fredrick Thomas, Assistant Director

**MTRC Staff**

Wendy Dobbs, Director

Jeffery Barlow, Aquatics Coordinator

William Lawson, Creative Arts Coordinator

Stephanie Aikin, Adaptive Sports Coordinator

Lenzer Evans, Creative Arts Asst. Coordinator

Jwan Boddie, General Recreation Instructor

Gabriel Lewis, General Recreation Instructor

Kristen Sellers, Aquatics Instructor

Abigail Boeckh, Equestrian Instructor

Letonia Lewis, Secretary

Katie Johnson, Assistant Director

Joye Bigelow, Resource Lab Coordinator

Jasmine Gibson, General Recreation Coordinator

Ralphina Evans, Asst. Aquatics Coordinator

Brad Ellis, Asst. Transportation Coordinator

Ebonique Gay, General Recreation Instructor

Edward Woods, Aquatics Instructor

Ralph Chrishon, Equestrian Instructor

Lytericka Gray, Custodian

**Montgomery Therapeutic Recreation Center is a Facility of the City of Montgomery Leisure Services Department**